

All 121
  Out of Range 12
  In Range 89
  Other 20

 **Autoimmunity** >

Antinuclear Antibodies (ANA) Screen

In Range Negative

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Rheumatoid Factor (RF)

In Range <10 IU/mL

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 **Biological Age** >

Biological Age

Younger-10.8 Years

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 **Blood** >

Platelet Count

Below Range 131 Thousand/uL

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Hematocrit

In Range 46.5 %

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Hemoglobin

In Range 15.5 g/dL

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Mean Corpuscular Hemoglobin (MCH)

In Range 33.0 pg

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Mean Corpuscular Hemoglobin Concentration (MCHC)

In Range 33.3 g/dL

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Mean Corpuscular Volume (MCV)

In Range 98.9 fL

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Mean Platelet Volume (MPV)

In Range 12.5 fL

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Red Blood Cell (RBC) Count

In Range 4.7 Million/uL

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Red Cell Distribution Width (RDW)

In Range 11.5 %

ABO Group

A

Rhesus (Rh) Factor

Rh(d) Positive

 **Daily Metrics** >

Calories Burned

x x x x x x x

Exercise Time

0 min

● ● ● ● ● ● ●

Resting Heart Rate

x-x-x-x-x-x-x

Sleep Consistency

x-x-x-x-x-x-x

Sleep Time

x x x x x x x

Steps Taken

x x x x x x x

 **Electrolytes** >

Calcium

In Range 9.2 mg/dL

Carbon Dioxide

In Range 20 mmol/L

Chloride

In Range 105 mmol/L

Magnesium

In Range 5.0 mg/dL

Potassium

In Range 4.2 mmol/L

Sodium

In Range 141 mmol/L

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 **Environmental Toxins** >

Lead

In Range <1.0 mcg/dL

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Mercury

In Range <5 mcg/L

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 **Heart** >

LDL Pattern

Out of Range B

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LDL Peak Size

Below Range 215.6 Angstrom

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LDL Small

Above Range 175 nmol/L

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Apolipoprotein B (ApoB)

In Range 51 mg/dL

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HDL Large

In Range 6763 nmol/L

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HDL-Cholesterol

In Range 53 mg/dL

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High-Sensitivity C-Reactive Protein (hs-CRP)

In Range 0.3 mg/L

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LDL Medium

In Range 182 nmol/L

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LDL Particle Number

In Range 979 nmol/L

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LDL-Cholesterol

In Range 56 mg/dL (calc)

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Lipoprotein (a)

In Range 15 nmol/L

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Non-HDL Cholesterol

In Range 71 mg/dL (calc)

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Total Cholesterol

In Range 124 mg/dL

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Total Cholesterol / HDL Ratio

In Range 2.3 (calc)

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Triglycerides

In Range 74 mg/dL

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## Immune Regulation >

White Blood Cell (WBC) Count

Below Range 3.2 Thousand/uL

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Basophils

In Range 32 cells/uL

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Eosinophils

In Range 243 cells/uL

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High-Sensitivity C-Reactive Protein (hs-CRP)

In Range 0.3 mg/L

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Lymphocytes

In Range 1098 cells/uL

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Monocytes

In Range 275 cells/uL

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Neutrophils

In Range 1552 cells/uL

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Basophils %

1.0 %

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Eosinophils %

7.6 %

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Lymphocytes %

34.3 %

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Monocytes %

8.6 %

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Neutrophils %

48.5 %

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## **Kidney** >

Blood Urea Nitrogen (BUN)

Above Range 26 mg/dL

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Blood Urea Nitrogen (BUN) / Creatinine Ratio

Above Range 25 (calc)

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Calcium

In Range 9.2 mg/dL

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Chloride

In Range 105 mmol/L

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Creatinine

In Range 1.02 mg/dL

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Creatinine-Based Estimated Glomerular Filtration Rate (eGFR)

In Range 92 mL/min/1.73m<sup>2</sup>

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Potassium

In Range 4.2 mmol/L

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Sodium

In Range 141 mmol/L

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Albumin (Microalbumin - Urine)

<0.2 mg/dL

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## **Liver** >

Alanine Transaminase (ALT)

In Range 23 U/L

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Albumin

In Range 4.5 g/dL

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Albumin / Globulin Ratio

In Range 1.8 (calc)

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Alkaline Phosphatase (ALP)

In Range75 U/L

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Aspartate Aminotransferase (AST)

In Range36 U/L

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Gamma-glutamyl Transferase (GGT)

In Range17 U/L

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Globulin

In Range2.5 g/dL (calc)

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Total Bilirubin

In Range0.5 mg/dL

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Total Protein

In Range7.0 g/dL

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♂ **Male Health** >

DHEA Sulfate

Below Range45 mcg/dL

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Prostate Specific Antigen (PSA), Free

In Range0.1 ng/mL

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Prostate Specific Antigen (PSA) %, Free

In Range50 % (calc)

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Prostate Specific Antigen (PSA), Total

In Range0.2 ng/mL

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Sex Hormone Binding Globulin (SHBG)

In Range48 nmol/L

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Testosterone, Free

In Range59.9 pg/mL

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Testosterone, Total

In Range550 ng/dL

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Estradiol (E2)

<30 pg/mL

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Follicle Stimulating Hormone (FSH)

4.5 mIU/mL

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Luteinizing Hormone (LH)

3.2 mIU/mL

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Prolactin

6.9 ng/mL

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 **Metabolic** >

Glucose

In Range 96 mg/dL

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Hemoglobin A1c (HbA1c)

In Range 5.2 %

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Insulin

In Range 5.2 uIU/mL

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Leptin

In Range 0.5 ng/mL

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Uric Acid

In Range 4.6 mg/dL

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 **Nutrients** >

Ferritin

Below Range 32 ng/mL

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Omega-3: DHA

Above Range 5.5 % by wt

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Omega-6: Arachidonic Acid

Below Range 8.3 % by wt

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Arachidonic Acid/EPA Ratio

In Range 4.0

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Calcium

In Range 9.2 mg/dL

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Homocysteine

In Range 7.1 umol/L

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Iron

In Range 137 mcg/dL

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Iron % Saturation

In Range 38 % (calc)

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Iron Binding Capacity

In Range 356 mcg/dL (calc)

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Magnesium

In Range 5.0 mg/dL

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Methylmalonic Acid (MMA)

In Range 187 nmol/L

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Omega 6 / 3 Ratio

In Range 4.2

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Omega-3 Total / OmegaCheck

In Range 8.4 % by wt

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Omega-3: DPA

In Range 0.8 % by wt

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Omega-3: EPA

In Range 2.1 % by wt

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Omega-6: Linoleic Acid

In Range 22.9 % by wt

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Vitamin D

In Range 57 ng/mL

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Zinc

In Range 77 mcg/dL

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Omega-3 Total

8.4 % by wt

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Omega-6 Total

35.7 % by wt

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 **Pancreas** >

Amylase

In Range 85 U/L

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Lipase

In Range58 U/L

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 **Stress & Aging** >

DHEA Sulfate

Below Range45 mcg/dL

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Cortisol

In Range13.3 mcg/dL

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 **Thyroid** >

Triiodothyronine (T3) Free

Above Range4.8 pg/mL

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Thyroglobulin Antibodies (TgAb)

In Range<1 IU/mL

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Thyroid Peroxidase Antibodies (TPO)

In Range5 IU/mL

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Thyroid-Stimulating Hormone (TSH)

In Range1.78 mIU/L

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Thyroxine (T4) Free

In Range1.2 ng/dL

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 **Urine** >

Appearance - Urine

In RangeClear

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Bilirubin - Urine

In RangeNegative

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Color - Urine

In RangeYellow

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Glucose - Urine

In RangeNegative

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Ketones - Urine

In RangeNegative

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Leukocyte - Urine

In RangeNegative

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Nitrite - Urine

In RangeNegative

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Occult Blood - Urine

In RangeNegative

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Protein - Urine

In RangeNegative

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Specific Gravity - Urine

In Range1.004

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pH - Urine

In Range8.0

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Albumin (Microalbumin - Urine)

<0.2 mg/dL